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AD NUMBER AD835240 **NEW LIMITATION CHANGE** TO Approved for public release, distribution unlimited **FROM** Distribution authorized to U.S. Gov't. agencies and their contractors; Critical Technology; SEP 1966. Other requests shall be referred to Department of the Army, Fort Detrick, Attn: Technical Releases Branch, Frederick, MD 21701. **AUTHORITY** Fort Detrick/SMUFD ltr dtd 15 Feb 1972

AD825740

TRANSLATION NO. 7839

DATE: 14 SEPTEMBER 1966

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ANTINUCLEAR FACTORS -- DEMONSTRATION BY MEANS OF FLUORESCENT ANTIBODIES

Nord. Med. Vol. 70, pages 13h6, 1963 Bjarte G. Solheim

The demonstration of antinuclear factors by fluorescent technique is simple in a modern equipped special laboratory. The result can be available quickly, i.e. after 2-3 hours, and it is easy to interpret.

The test for antinuclear factors will in practically all cases give solid clues as to whether there is evidence of lupus erythematosus disseminatus. In addition their presence, especially in high concentrations, generally indicates a change in the immunological apparatus.

For the sake of prognosis regular examination of patients with positive reactions can be important in evaluation of the danger of transition to lupus erythematosus disseminatus.

Furthermore a regular checking of the titer of the patient with lupus crythematosus disseminatus will be helpful when such a patient returns to the hospital with a relapse. It will then be easier to determine whether the relapse is due to an intercurrent infection or an exacerbation. This is so because in the latter case the titer will often be significantly higher than in the controls.